Reflect on your own experiences with children, families, and colleagues. If you are an supervisor, administrator, or adult educator, how might you use these questions and activities to help other adults reflect on their experiences?

Turn Questions into Action

Ethical dilemmas seem inherent to some situations. These may include violating confidentially, denying mistakes made, or covering up inequities while claiming fairness.

Imagine your response, if you discovered someone was covering up a bad situation or failing to address an inequity while claiming to stand for transparency and fairness? As you practice exploring your feelings and possible decisions, you will get insights into your values, and strengthen your ability to act on them.

Reflect on a situation you've experienced. Write a summary of the situation to refresh the details. Then, write your reflections. Include what your inner voice told you at the time, your reactions to the situation, what you learned about yourself, and what you might do differently.